

Community WELLNESS EVENT

FREE
ENTRY!



Free
Refreshments



Health &
Wellness Stalls



Meet
Guide Dogs



Crafting For
All Ages



Face Painting,
Sensory Play
& Dance



Community
Support Groups

The Barrington Cafe & Ferndown Day Centre

Save the date!

Saturday 10th October, 2026 | 10am - 2pm

Orchid House Surgery Patient Participation Group look forward to welcoming you to a fun, entertaining and informative event!

Attendees include: The Barrington Centre, The Day Centre, Orchid House Surgery PPG & Volunteer Drivers, Allsorts Rehab, Walx, Absolutely WI, Digital Champions, Art4Dementia, The Friendship Group, Dementia Friendly West Moors, Dementia Friendly Ferndown, HOPE New Forest, Dorset Breast Screening, LiveWell Dorset, Guide Dogs, Amberwood House Nursing Home, Ferndown Manor Care Home, Heathland House Care Home, Help & Care, Community SWITCH, Ferndown Leisure Centre Disability Sports, FCS Ferndown Larder, Arthritis Care Ferndown, Breathless Singers, The Centre Ferndown, Ferndown Craft Group, Mindful Moments, East Dorset Parkinsons, Wimborne & Ferndown Lions Club, Wimborne & Ferndown PCN Social Prescribers, Wiggles & Giggles and more!